

Our Lady of Prompt Succor Nursing Home & Rehabilitation Center
C'est la Vie Apartments
Newsletter ~ May 2017
A Ministry of the Marianites of Holy Cross

Nursing Home Week 2017

During the week of May 15th, skilled nursing care centers across the nation will celebrate nursing home week and will honor the lives and milestones of the people in their care and the staff who serve them. This year the theme for national nursing home week is: ***The Spirit of America!*** This theme underscores the bond between staff, volunteers, and residents that captures the American spirit.

At Prompt Succor Nursing Home, staff and residents view each other in the spirit of family. For our staff and volunteers, their work is often a calling to a special mission and vocation in life. Acts of kindness, generosity, and compassion from folks of all different walks of life fill our walls as caring people of all skills and professions interact socially and professionally with residents, rehabilitation patients, families, and visitors.

In addition, we also very intentionally serve the spiritual needs of our residents. Our emotional and spiritual needs do not diminish with age. They remain a vital part of who we are and what we cherish as essential in our lives. Thus we do our best to provide our residents and families with spiritual and emotional support through our pastoral care staff. In addition, all of our staff are educated in being a listening and supportive presence to the residents and families regardless of the title and role assigned to each one. For the optimal well-being of the resident and the support of the family, each staff member in all departments is taught and encouraged to contribute his/her part to the overall plan of care for all of our residents.

At Prompt Succor, we will celebrate the week with special daily activities.

Happy Nursing Home Week to all!

Mother's Day – May 14th

Mother's Day is celebrated on various days in many parts of our world and most commonly during May. Over 100 years ago in the United States, Mother's Day was nationally recognized as a holiday in 1914 after a campaign by Anna Jarvis, the daughter of Ann Maria Reeves Jarvis. On May 12, 1907, two years after her mother's death, Anna held a memorial to her mother and then embarked upon a campaign to make "Mother's Day" a nationally recognized holiday. She succeeded in 1914 and incorporated herself as the "Mother's Day International Association" and trademarked the phrases "Second Sunday in May" and "Mother's Day." Anna Jarvis never envisioned the commercialization of the holiday. She was much more intent on a simple and deeply heartfelt remembrance of Mothers. However, we are grateful for her efforts to make this a day of remembrance for all mothers. *Thank you, Anna!* Each day let us offer our mothers the most precious gift of all – the gift of prayer:

Lord, bless all mothers with wisdom to teach and guide their children. Help them realize that not even the Angels have been blessed with the privilege of creating new life. Give them strength and courage, compassion and peace. Whisper daily to them of our love and gratitude. Amen.

Happy Mother's Day to all our Moms!

PSNH Fall Prevention Program

A fall can happen to anyone at any time. Illness, surgery, weakness, tests, medications such as those for hypertension, medical equipment and other items in the halls, noise and new surroundings can all contribute to a fall at any age. Some senior citizens are at a greater risk for falls especially if they take medications. We work diligently to prevent the occurrence of falls. We also need your help and cooperation. The following are some suggestions for you as a family member or visitor to our nursing home:

- Let us know if the resident has a history of falls.
- Let us know the resident falls when out of the facility.
- Insure that they wear non-skid, low heeled, fully enclosed shoes.
- Keep their bedroom free of clutter. Remove all non-essential objects off the floor.
- Instruct them and help them to stand up slowly from a lying or sitting position to prevent dizziness.
- Encourage them to walk properly using their cane or walker. Regular exercise helps to strengthen bones and muscles and prevent falls.
- Encourage them to do simple upper body movements such as reaching their arms up and stretching them as much as possible. This simple movement can enhance balance.
- Encourage them to drink fluids. Dehydration can lead to dizziness and falls.
- Before you leave insure that all personal items are within easy reach and the call light is close at hand.
- Tell us when you are leaving the facility at the end of your visit so we can make sure that safety measures are in place.

Spring Cleaning

Many of us take advantage of the arrival of Spring as a time to do major cleaning in our homes and tackle some tasks that we have put aside during the winter months. While we are doing that at home, please consider also doing that in your loved one's room at the nursing home.

Daily our housekeeping staff cleans each resident room. However, with so many personal items in each room and our efforts to respect resident privacy, detailed cleaning of closets and drawers is not possible. Please take some time to assess the condition of clothes, only leave in the room what is appropriate for the season, and insure that each particular piece is labeled. Also any items which could be a fall hazard need to be removed from the room. We greatly appreciate your assistance so that your loved one can proudly say to all who enter his/her room – *Welcome to my home!* If you would like any assistance, please let us know. We will be happy to help you.

☪ Celebrating Birthdays in May ☪

Sr. J. Bodin 5/21

Sr. B. Comeaux 5/07

M. A. Davenport 5/10

M. Guillory 5/12

V. Moreau 5/23

Sr. M. Murray 5/30

Sr. M. E. Noel 5/9

N. Rozas 5/07

V. Snyder 5/06

H. Stout 5/01

J. Tauzin 5/28



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In the United States, the 2010 Census recorded the greatest number and proportion of people age 65 and older in all of decennial census history: 40.3 million, or 13% of the total population. This “Boomer Generation” effect will continue for decades.¹

By 2050, people age 65 and older are expected to comprise 20% of the total U.S. population. The fastest growing segment of American’s population consists of those 85 and up.² In 2010, there were 5.8 million people aged 85 or older. By 2050, it is projected that there will be 19 million people aged 85 or older.³

Louisiana contains 279 certified Medicare and Medicaid nursing homes. These nursing homes have a total of 34,247 available beds for skilled nursing residents and at the time when we updated this data 75% of those beds were full. The overall average Medicare 5 Star Quality rating for Louisiana skilled nursing homes is 2.7 which ranks 52 nationally.

Our Lady of Prompt Succor Nursing Facility was given a 4 star overall rating by The Centers for Medicare and Medicaid Services (CMS) [1], placing it among the better 60–80% of nursing homes in Louisiana. It also received a 3 star rating for Health Inspections, a 5 star rating for Quality Measures, a 3 star rating for Nursing Staffing and a 2 star rating for RN's Only.

The results of this consistently good work is noted in our recent recognition of a 4 star overall rating by The Centers for Medicare and Medicaid Services (CMS), placing us among the better 60-80% of nursing homes in Louisiana. In addition, we received a 5 star rating for the Quality Measures report.

