Our Lady of Prompt Succor Nursing Home C'est la Vie Apartments Newsletter ~ February 2018 A ministry of the Marianite Sisters of Holy Cross

## Welcome to C'est la Vie!

Traveling down Prudhomme Street past Opelousas Catholic School, you might miss the apartments nestled behind the pine trees. Surrounded by a walking path and individual patios which proudly display a variety of seasonal plants and flowers are thirty-four apartments for Senior Citizens. Located on the same property as our nursing home, C'est la Vie Apartments provide a unique and enriching environment. The apartments offer gracious living in a caring and Christian environment. Each of the thirty-four units includes a fully equipped kitchen and central air and heat. The outdoor courtyard invites residents and visitors to sit and relax while enjoying the beauty and majesty of God's creation. Invited to participate in the spiritual and cultural activities of our nursing home, the residents are able to choose his or her involvement in these activities. There are also activities offered at C'est la Vie including Bingo, card and board games, holiday and birthday celebrations. In safe surroundings, residents are offered the independence and freedom to live life to the fullest – C'est la Vie! However, don't just take our word for it; our residents share some of their own reflections.

"C'est la Vie is a great community; while we have individual apartments, we are not isolated from others. The lobby and day rooms provide the space to enjoy other areas beyond our apartments. We live in a safe environment. We savor coffee together in the morning in the lobby area and we catch up on the news. We are near Prompt Succor Nursing Home and, if there is an emergency, the staff is always very helpful."

"The apartment building and surrounding areas are kept clean and inviting. Together we celebrate birthdays and other significant events in our lives. We are at home and we are able to do as much as possible for ourselves with some minimal assistance from the staff. It is easy to make friends and everyone is one large family. We live right across from the nursing home where we can attend daily mass and visit our friends who are now living there."

"The staff at C'est la Vie is very responsive when we need something. We have regular card games and Bingo; and we plan other activities as we choose. Some of us have been here 9-10 years and some have recently moved into the apartments. While it was difficult to leave our homes, coming here to live has really been the right choice. We welcome you to come and visit!"

## C'est la Vie Staff

The coordinator of C'est la Vie is *Sr. Mary Ann Louise Arno, MSC*. She joined the staff in September 2010 after serving in elementary education and administration for the 20 years in Gueydan, Louisiana. Prior to her service in Gueydan, she taught elementary and high school in various schools in Louisiana, served on the faculty and as registrar at Our Lady of Holy Cross College (now University of Holy Cross) in New Orleans, and spent one year teaching on the Island of Dominica.

As the coordinator at C'est la Vie, she enjoys her interaction with the residents, meeting new people, the flexibility of the environment, and the new experiences which each day offers. For more information or to schedule a visit, please call Sr. Ann at 337-942-8154.

*Lolita Castille* has been serving as the housekeeper at C'est la Vie for many years. Once a week she cleans each apartment and insures that the general environment is in good order. Lolita enjoys her work with the residents. She is able to support them as she has grown to know each one's particular preferences in his/her apartment.

In addition to Sr. Ann and Lolita, *Mr. Allen Penick* and his environmental staff work to maintain the beauty and cleanliness of the property and to meet the daily needs of the residents. *We invite you to come for a visit!* 

## **φCelebrating Birthdays in Februaryφ**

G. Aucoin	2/20	C. Lalonde	2/12
Sr. A. Donnenfelse	er 2/19	M. Martin	2/16
H. Fontenot	2/08	E. Storey	2/06
D. Karr	2/21	C. Vallee	2/12

## Residents Recently Deceased

Michael Meche 12/28/2017 Darabell LeJeune 12/30/2018 Robert Hinckley 1/01/2018 Austin Jagneaux 1/02/2018 Rosie Guidry 1/04/2018 JL Smith 1/13/2018 Mary Guillory 1/17/2018 Harold Stout 1/23/2018 Ruth Tate 1/24/2018

May they be embraced in the peace and joy of our loving God!



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