## Our Lady of Prompt Succor Nursing Home C'est la Vie Apartments Newsletter – January 2019

#### Happy New Year!

As we welcome in the New Year at *Our Lady of Prompt Succor Nursing Home*, we are praising God for the many gifts of 2018. We are grateful for the new staff and residents who have joined our family and for those residents who continue to make Prompt Succor their home. In addition, we have been blessed to welcome residents who have come for a short visit in order to take advantage of our rehabilitation program which is fully staffed with licensed Physical, Occupation and Speech therapists offering various modes of therapy five days per week. With the many gifts and skills of these professionals, we are able to assist with both short and long term rehabilitation needs. Also, our staff is specially trained in working with seniors to help them reach and maintain their optimum level of performance. All of our services are guided by our mission statement:

Inspired by the zeal of our founder, Blessed Basil Moreau, we, Marianites of Holy Cross, along with our staff are committed to providing quality, holistic care, and support services in a Catholic and Christian environment.

We share the love and compassion of Jesus Christ with those entrusted to our care, respecting the uniqueness of each individual while promoting and enhancing quality of life.

We commit ourselves to foster dignity in this life and to provide an environment that supports a holy and peace-filled journey to eternal life.

We also want to add New Year greetings from C'est la Vie Apartments, our independent living center for Seniors, which graces the front of our property! Attentive to each resident, the Marianites, administration and staff at C'est la Vie provide our residents an affordable living environment in a friendly and secure community. The lovely walking path around the facility and comfortable outdoor courtyard are wonderful opportunities for sharing with family and friends as well as for quiet reflection. Endeavoring to enhance the quality of life for each resident, opportunities are offered for companionship and independence in a gracious setting which our residents love to call their home.

As we step into the New Year, let it be for each of us a call to be grateful for the past and hopeful for the future. Let it be a time to choose to live in the present moment while making memories as we embrace and reverence the changing seasons, the songs of the birds, and the sacredness of our planet. May we strive each day to be people of peace who appreciate the simplest and the most precious gifts of life.

As we step forward into 2019, let us do so with clear minds, open hearts, fresh eyes, listening ears to all that awaits us on this journey. May the close of each new day find that our feet have trod well, and we are more caring and compassionate persons, eager to embrace new life and share that renewed life with others.

With confidence that we are held in the Lord's loving care, we wish each of you a Happy, Holy and Peace-filled New Year!

Michael Purser, Administrator, and the Marianites of Holy Cross

#### Let there be new light!

With the beginning of the New Year, we gaze upon an open road before each of us. No foot has touched the path, no eye has beheld its beauty, no heart has been attracted to its mysteries, its joys and its challenges.

As pilgrims on this open road, new questions beckon us, new answers wait to be discovered. In order to travel the road, we need light! In many traditions lighting a candle is a sacred action. Often, a lighted candle declares more than words can express. It may signify gratitude, grief, loss, hope, happiness. It may relinquish pain and embrace new inner freedom.

Sometimes a candle is lit in a private space; at other times, it is enkindled in a public gathering to bring light to all. Whatever the setting, it is a moment to slow our pace, to connect to inner stillness, to focus on the light casting out the darkness. As we begin 2019, we could initiate a new family tradition. Ask each family member to choose a candle and before he/she lights the candle, have each one share their dreams and hopes for the New Year. Leave the candles in a prominent place in the home as a reminder of each person's dream.

At special times during the year, like a birthday or anniversary, re-light the candles and share together how the journey of 2019 is unfolding with the joys and challenges that have been a part of it. As we embark on the journey of 2019 may we hold firm to the certitude that our God who was with us in the past is walking with us into the future.

May the words of the prophet Isaiah (43:19) increase the light of faith in our lives:

"See I am doing something new! Now it springs forth, do you not perceive it?"

### , Celebrating Birthdays in January,

J. Duncan 1/12 E. Griffin 1/12 M. Ferris 1/16 M. Ragsdale 1/06 M. Fox 1/05 F. Venable 1/31

# È Recently Deceased ResidentsÈ

Sr. Monica Stelly, MSC 12/15/2018 Mrs. Audry Fontenot 12/22/2018



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