Our Lady of Prompt Succor Nursing Facility C'est la Vie Apartments Newsletter ~ February 2019 A ministry of the Marianite Sisters of Holy Cross

Changes in Staff Roles

Congratulations to Brandie Perry, a member of our business office staff, who recently completed the State and National certification program and was awarded her license as a nursing home administrator after a year of study and internship. This certification adds to Brandie's many other gifts in finance and HR which she has been generously sharing with us since her arrival at Prompt Succor Nursing Home in November 2011.

With her college education, experience, and the completion of this training and licensure, Brandie has been named assistant administrator. As assistant administrator, her primary responsibilities will be oversight of all business office functions including billing, finances, payroll and accounts payable, family meetings with new residents, etc. She will continue to assist departmental staff in their daily administrative needs.

Sr. Mary Kay Kinberger, MSC, who has been assistant administrator since 2008, is leaving that position. She will be a member of the pastoral care staff. We thank Sr. Mary Kay for her years of dedicated service in administration. We look forward to continued work with both Brandie and Sr. Mary Kay in fulfilling our mission at Prompt Succor Nursing Facility and C'est la Vie Apartments!

Happy Valentine's Day!

Each year on the 14th of February, candy, flowers, and gifts are exchanged all in the name of St. Valentine, a Catholic saint who lived in the third century. The facts of the life of St. Valentine are shrouded in legend. One story tells that he was arrested on orders from the Roman Emperor for being a Christian and that he actually sent the first "valentine" greeting.

The legend explains that while in prison a young girl, who may have been the jailor's daughter, would visit and encourage him. They fell in love and before his death it is alleged that he wrote her a letter, which he signed "From your Valentine." Although the history of his life is unclear, each of the stories emphasizes Valentine's appeal as a sympathetic, heroic and beloved figure.

Today images of hearts, flowers, doves, winged Cupids reflect the sentiments of this commemoration. While each of these objects has meaning attached to it, we are blessed to have symbols of affection and friendship present on our property each day of the year in our residents who live in our apartments known as "C'est la Vie."

C'est la Vie Apartments

Traveling east down Prudhomme Street past Opelousas Catholic School, you might miss the apartments nestled behind the pine trees. Thirty-four apartments for Senior Citizens are surrounded by a walking path and individual patios which proudly display a variety of seasonal plants and flowers. Located on the same property as our nursing home, C'est la Vie Apartments provide a unique and enriching environment. The apartments offer gracious living in a caring and Christian environment.

Each of the thirty-four units includes a fully equipped kitchen and central air and heat. The outdoor courtyard invites residents and visitors to sit and relax while enjoying the beauty and majesty of God's creation. Invited to participate in the spiritual and cultural activities of our nursing home, the residents are able to choose his or her involvement in these activities. There are also activities offered at C'est la Vie including Bingo, card and board games, holiday and birthday celebrations. In safe surroundings, residents are offered the independence and freedom to live life to the fullest which in French reads: *C'est la Vie!* However, don't just take our word for it, our residents share some of their own reflections.

"C'est la Vie is a great community; while we have individual apartments, we are not isolated from others. The lobby and day rooms provide the space to enjoy other areas beyond our apartments. We live in a safe environment. We savor coffee together in the morning in the lobby area and we catch up on the news. We are near Prompt Succor Nursing Home and, if there is an emergency, the staff is always very helpful."

"The apartment building and surrounding areas are kept clean and inviting. Together we celebrate birthdays and other significant events in our lives. We are at home and are able to do as much as possible for ourselves with some assistance from the staff. It is easy to make friends and everyone is one large family. We live right across from the nursing home where we can attend daily mass and visit our friends who are now living there."

"The staff at C'est la Vie is very responsive when we need something. We have regular card games and Bingo; and we plan other activities as we choose. Some of us have been here 9-10 years and some have recently moved into the apartments. While it was difficult to leave our homes, coming here to live has really been the right choice. We highly recommend C'est la Vie and we welcome you to come and visit!"

C'est la Vie Staff

The coordinator of C'est la Vie is *Sr. Mary Ann Louise Arno, MSC* who joined the staff in September 2010. Prior to coming to C'est la Vie, she served in elementary education and administration for 20 years in Gueydan, Louisiana. Before Gueydan, she was involved in elementary and high school education in various schools in Louisiana, also served on the faculty and as registrar at Our Lady of Holy Cross College in New Orleans, and spent one year teaching on the Island of Dominica. As the coordinator at C'est la Vie, she enjoys her interaction with the residents, meeting new people, and the flexibility of the environment. *Lolita Castille* serves as the housekeeper at C'est la Vie. Once a week she cleans each apartment and insures that the general environment is in good order. She is able to support the residents as she has grown to know each one's particular preferences in his/her apartment. Sr. Ann and Lolita are joined by *Mr. Allen Penick* and his environmental staff who work to maintain the beauty of the property and to meet the daily needs of the residents. To schedule a visit, please call Sr. Ann at 337-942-8154.

| □Birthdays in February□ | | | |
|-------------------------|------|---------------|------|
| G. Aucoin | 2/20 | C. Lalonde | 2/12 |
| Sr. A. Donnenfelser | 2/19 | E. Storey | 2/06 |
| H. Fontenot | 2/08 | Sr. M. Mallet | 2/01 |
| E. Jarrell | 2/18 | C. Vallee | 2/12 |
| D. Karr | 2/21 | | |

Residents Recently Deceased Asuncion Williams 1/01/2019

Asuncion Williams 1/01/2019
Lois Robert 1/13/2019
Lourey Soileau 1/13/2019

May their spirits rest in the peace and joy of the Lord!



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